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Contact Information

Please contact the appropriate provider listed below to learn more about a specific benefit plan or contact your local Human Resources representative, at BBNC Benefits by phone (907) 265-7872 or www.mybenefits@bbnc.net.

2018 Employee Benefits Guide

CARE COORDINATION

Medical, Pharmacy, Dental	Quantum Health	1-866-317-6104	www.mybbnchealthplan.com
Grand Rounds	Grand Rounds	1-800-929-0926	www.grandrounds.com/bbnc
Vision	Vision Service Plan (VSP)	1-800-877-7195	www.vsp.com
Diabetes Management	Livongo	1-866-317-6104	www.mybbnchealthplan.com
Tobacco Cessation Program	Quantum Health	1-866-317-6104	www.mybbnchealthplan.com
Teladoc	Teladoc	1-800-362-2667	www.teladoc.com
Healthcare Bluebook	Healthcare Bluebook	1-866-317-6104	Download the app at App Store or Google Play: Company Code: BBNC
Life / AD&D, STD, LTD	Unum	1-800-635-5597	www.unum.com
Voluntary Accident / Critical Illness	Unum	1-800-421-0344	www.unum.com
Employee Assistance Program (EAP)	Unum - LifeBalance	1-800-854-1446	www.lifebalance.net User ID and password: lifebalance
Section 125 - FSA / DCA	Benefit Coordinators Corp. (BCC)	1-800-685-6100	www.benxcel.com
HSA	OPTUM Bank	1-844-326-7967	www.optumbank.com
401(k)	NWPS	1-888-700-0808	www.yourplanaccess.net/nwps/

DISCLAIMER: This guide is not an employee/employer contract. It is not intended to cover all provisions of all plans but rather is a quick reference to help answer most of your questions. Please see your Summary Plan Description of each plan for complete details.

This document highlights some of the provisions of the company's benefits programs as of January 1, 2018. Complete details may be found in the official plan documents. In case of a conflict between the information contained in this guide and the plan documents, the plan documents always prevail. In addition, the company reserves the right to amend or end these plans at any time for any reason with or without notice.